

COACHING - MINOR

This minor is designed for students who are pursuing a teaching career and are also interested in coaching. It is also useful to those who plan to work with youth in sports leagues. Admission to this minor is by application only and requires completion of BIOL 111. Consult with an advisor in the Department of Kinesiology and Sport Management for admission requirements and application. Students should allow a minimum of three semesters to complete this minor.

Program Requirements

Code	Title	Semester Credit Hours
KINE 199	Required Physical Activity (with HKCO attribute)	1
KINE 215	Fundamentals of Coaching	1
KINE 216/ HLTH 216	First Aid	2
KINE 302	Applied Exercise Physiology for Coaches	1
KINE 306	Functional Anatomy for Coaches	1
KINE 307	Lifespan Motor Development	3
KINE 318	Athletic Injuries	3
Select three of the following:		6
KINE 312	Coaching of Baseball	
KINE 314	Coaching of Soccer	
KINE 317	Coaching of Football	
KINE 321	Coaching of Volleyball	
KINE 334	Coaching in Personal Training	
KINE 335	Coaching in Group Fitness	
KINE 351	Coaching of Basketball	
KINE 355	Coaching of Track	
Total Semester Credit Hours		18

Students must make a grade of C or better in all courses.