

CPSY - COUNSELING PSYCHOLOGY

CPSY 600 Counseling Theories for School Counselors

Credits 3. 3 Lecture Hours. Overview of various counseling theories and its application in a school setting. **Prerequisites:** CPSY 630.

CPSY 601 Multicultural Counseling in Schools

Credits 3. 3 Lecture Hours. Intersecting role of ethnicity, cultural background, gender and sexual orientation and how they shape the psychosocial development of children and adolescents and impact their educational trajectories; development and appreciation of cultural and ethnic differences among individuals, groups and families to enhance school counseling service delivery. **Prerequisite:** Graduate classification.

CPSY 602 Counseling Techniques for School Counselors

Credits 3. 3 Lecture Hours. Broad view of counseling techniques using a microskills approach; opportunities to observe and practice counseling techniques. **Prerequisite:** CPSY 630; graduate classification.

CPSY 603 School Counseling Group Interventions

Credits 3. 3 Lecture Hours. Development of group counseling interventions for children and adolescents in school settings. **Prerequisite:** Graduate classification.

CPSY 604 Career Counseling in Schools

Credits 3. 3 Lecture Hours. Understanding the culturally competent career counseling theory, assessment and skills as applied to the diverse populations in schools. **Prerequisites:** Graduate classification.

CPSY 612 Planning and Organizing Comprehensive Guidance Programs

Credits 3. 3 Lecture Hours. Purposes and functions of a guidance program; components of a comprehensive guidance program; systems approach to implementing a comprehensive guidance program for elementary and secondary students and adults. **Prerequisite:** Graduation classification.

CPSY 626 Psychopathology

Credits 3. 3 Lecture Hours. Causes, course, outcomes and treatment of abnormal and maladaptive behavior; degrees of variation possible from normal adaptive behavior; biological, developmental, social, cultural and psychological perspective on abnormal behavior. **Prerequisite:** Graduate classification.

CPSY 627 Structured Personality Assessment in Counseling

Credits 3. 3 Lecture Hours. Personality evaluation using structured assessment instruments; variety of self-report personality inventories; the Minnesota Multiphasic Personality Inventory. **Prerequisites:** EPSY 622.

CPSY 630 Foundations of School Counseling

Credits 3. 3 Lecture Hours. Philosophical, psychological, and sociological concepts fundamental to counseling in schools. **Prerequisite:** Graduate classification.

CPSY 631 Techniques of Counseling

Credits 3. 3 Lecture Hours. Methods and procedures descriptive of the counseling process; dynamics of counselor-counsee relationship; interviewing techniques; use of test results in counseling. **Prerequisites:** Graduate classification.

CPSY 632 Career Counseling

Credits 3. 3 Lecture Hours. Theories of career development; sources, classification and analysis of educational, occupational and social information including occupational trends, post-secondary programs and financial planning; use of occupational-educational information, appropriate psychological measures and computerized guidance systems. **Prerequisite:** CPSY 679.

CPSY 633 Introduction to Group Process

Credits 3. 2 Lecture Hours. 3 Lab Hours. Principles, procedures and processes of group approaches to assisting individuals in their personal growth and development in education, public and mental health settings; participation as member of a personal growth required. **Prerequisite:** CPSY 630.

CPSY 634 Group Counseling and Psychotherapy

Credits 3. 3 Lecture Hours. Major contemporary approaches to group counseling and psychotherapy in mental and public health settings; experiential learning in a simulated group process; integration of theory and practical applications. **Prerequisites:** CPSY 631; CPSY 633 or equivalent.

CPSY 635 Social Counseling Psychology Interface

Credits 3. 3 Lecture Hours. Provides a foundation in theory and research at the interface of social and counseling psychology; fundamentals of social psychology theories, methodologies and perspectives; understanding the relevance to counseling psychology practice; focus on social and cognitive theories, concepts, and processes rather than specific psychological disorders. **Prerequisite:** Doctoral student in good standing in counseling, clinical, school or social psychology.

CPSY 636 Psychological Consultation to Organizations

Credits 3. 3 Lecture Hours. Focuses on organizations as the target of analysis, intervention, and change; established social science concepts and principles; consideration of concepts, intervention strategies, and skills that extend beyond those used in counseling and psychotherapy; highlights consultation as a mode of change agency; considerable attention given to putting theory into practice. **Prerequisite:** Graduate classification.

CPSY 637 Latino Psychology

Credits 3. 3 Lecture Hours. Examination of psychological research and literature related to Latino experience in the U.S. via readings, media and class discussion; introduction to various Latino groups with the primary focus on individuals of Mexican descent. **Prerequisite:** Graduate classification.

CPSY 639 Counseling Practicum I

Credits 3. 2 Lecture Hours. 3 Lab Hours. Supervised experience in individual counseling; cases engaged in the counseling laboratory on campus; off-campus counseling in schools and various public and mental health settings also assigned at supervisor's discretion. May be taken for credit 2 times as content varies. **Prerequisites:** CPSY 631 and CPSY 632; approval of instructor.

CPSY 662 Professional Issues and Ethics in Counseling Psychology

Credits 3. 3 Lecture Hours. Legal, ethical, economic and practical issues that impact the training, credentialing, placement and marketing of counseling psychologists and their services. **Prerequisite:** Graduate classification.

CPSY 664 Counseling Practicum II

Credits 3. 6 Lab Hours. 1 Other Hour. (1-6). Supervised experience in individual and group counseling requiring advanced technical skills; continuing counseling relationships with various, selected subjects. **Prerequisite:** CPSY 639.

CPSY 666 Practicum in Counselor Supervision

Credits 3. 6 Lab Hours. 1 Other Hour. (1-6). Supervised experience in directing counseling and guidance activities of students involved in practicum and field experiences; intended for individuals preparing to become counselor educators or supervisors. **Prerequisite:** CPSY 664; approval of instructor.

CPSY 672 Theories of Counseling and Psychotherapy

Credits 3. 3 Lecture Hours. Comprehensive and intensive study of major theoretical positions in counseling and psychotherapy; implications for research and practice in public and mental health settings. **Prerequisite:** CPSY 631.

CPSY 673 Advanced Psychotherapeutic Skills

Credits 3. 3 Lecture Hours. Didactic/experiential course, designed for students in professional psychology programs; variety of psychotherapeutic interventions in short and long term counseling with adults in public and mental health settings; ways to access affective process. **Prerequisite:** Completion of practicum.

CPSY 676 Family Counseling and Psychotherapy

Credits 3. 3 Lecture Hours. Basic concepts and techniques in marriage and family counseling in public and mental health settings; marital communication and growth relationships. **Prerequisite:** CPSY 631 or SPSY 644 or equivalent.

CPSY 678/PBSI 678 Couples Therapy

Credits 3. 3 Lecture Hours. Theory and practice of marital therapy emphasizing systems and communication approaches; effective strategies and techniques; therapy with specific marital problems and obstacles to effective therapy. **Prerequisite:** PBSI 637, CPSY 631, or equivalent. **Cross Listing:** PBSI 678/CPSY 678.

CPSY 679 Multicultural Counseling

Credits 3. 3 Lecture Hours. Effective communication skills in cross-cultural counseling or helping relationships in public and mental health settings; integration of theoretical knowledge with experiential learning; psychosocial factors and lifestyles of cultural groups; effect on counseling relationships. **Prerequisite:** Graduate classification.

CPSY 683 Field Practicum

Credits 1 to 15. 1 to 15 Other Hours. Supervised experience in professional public and mental health settings in counseling psychology; wide range of practical experiences and activities that are closely supervised by departmental faculty. May be taken up to 30 hours. **Prerequisite:** Graduate classification; approval of instructor.

CPSY 684 Professional Internship

Credits 1 to 4. 1 to 4 Other Hours. Limited to advanced doctoral students; faculty supervised experience in approved professional public and mental health employment settings; application for September assignments must be approved the previous October. May be repeated up to 9 hours. Must be taken on a satisfactory/unsatisfactory basis. **Prerequisite:** Completion of required coursework except CPSY 684 and CPSY 691; approval of instructor.

CPSY 685 Directed Studies

Credits 1 to 4. 1 to 4 Other Hours. Directed individual study of selected problems. **Prerequisite:** Approval of instructor.

CPSY 688/EPsy 688 Research Proposal Development

Credits 4. 3 Lecture Hours. 2 Lab Hours. This seminar models the processes of developing and defending research proposals. **Prerequisite:** EPsy 640 and EPsy 641. **Cross Listing:** EPsy 688/CPSY 688.

CPSY 689 Special Topics in...

Credits 1 to 4. 1 to 4 Other Hours. Selected topic in an identified area of counseling psychology. May be repeated for credit. **Prerequisite:** Graduate classification.

CPSY 690 Theory of Counseling Psychology Research

Credits 3. 3 Lecture Hours. Theory and design of research problems and experiments in counseling psychology; communication of research proposals and results; evaluation of current research of faculty and students and review of current literature. May be repeated for credit. Must be taken on a satisfactory/unsatisfactory basis. **Prerequisite:** Graduate classification.

CPSY 691 Research

Credits 1 to 23. 1 to 23 Other Hours. Research for thesis or dissertation. Must be taken on a satisfactory/unsatisfactory basis. **Prerequisite:** Approval of instructor.