Nutritional sciences prepares majors with a comprehensive knowledge of the biological and social sciences to understand the relationships between nutrients, food components and human health. Prevention of diseases that are related to lifestyle, particularly diet and nutrition, is a focus of the curriculum. Core courses emphasize the role of nutrients in biochemistry, genetics, physiology, microbiology and immunology that promotes wellness and enhances the quality of life. The major also provides an excellent background for those interested in pursuing graduate degrees in biological, nutritional or food sciences; professional degrees in human or veterinary medicine; degrees in dentistry, pharmacy, physical therapy, nursing, public health and other health professions; or dietetic internships.

The Didactic Program in Dietetics (DPD) and the Graduate Degree/Dietetic Internship Program are accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Students who successfully complete the DPD and a dietetic internship are eligible to take the Registration Examination to become a Registered Dietitian (RD).

Three curriculum tracks are offered (General Nutrition, Didactic Program in Dietetics and Molecular and Experimental Nutrition) to provide flexibility in one's chosen career path. The Nutrition major prepares one for graduate school, corporate wellness positions, health promotion programs, the food industry, public health programs, pharmaceutical sales, clinical dietetics, medical and research laboratories, biotechnology firms, government agencies and related fields. For more information, visit https://nutrition.tamu.edu/.

Faculty

Bailey, Regan, Professor
Nutrition
PHD, Pennsylvania State University, 2007

Beathard, Karen, Instructional Associate Professor
Nutrition
PHD, Texas A&M University, College Station, 2021

Chapkin, Robert, University Distinguished Professor and Regents Professor
Nutrition
PHD, University of California at Davis, 1986

Coheley, Lauren, Instructional Assistant Professor
Nutrition
PHD, University of Georgia, 2020

Geismar, Karen, Senior Lecturer
Nutrition
PHD, Texas Woman's University, Denton, 1998

Guo, Shaodong, Professor
Nutrition
PHD, Peking University, Beijing China, 1995

Johnston, Bradley, Associate Professor
Nutrition
PHD, University of Alberta, 2009

Krueger, Angela, Lecturer
Nutrition
MPH, Texas A&M University, 2014

Lee, Hyunjung, Visiting Assistant Professor
Nutrition
PHD, Texas Tech University, 2022

Lorenz, Saundra, Senior Lecturer
Nutrition
MS, Texas A&M University, 2002

Lynch, Ernest, Lecturer
Nutrition
MS, Texas A&M University, 2019

MacFarlane, Amanda, Professor
Nutrition
PHD, University of Ottawa, 2004

Racine, Elizabeth, Professor
Nutrition
DrPH, Johns Hopkins University, 2003

Ross, A. Catharine, Professor
Nutrition
PHD, Cornell University, 1976

Seguin, Rebecca, Professor
Nutrition
PHD, Tufts University, 2008

Stover, Patrick, University Distinguished Professor
Nutrition
PHD, Virginia Commonwealth University, 1990

Sun, Yuxiang, Professor
Nutrition
PHD, University of Manitoba, 2000

Suzuki, Masako, Assistant Professor
Nutrition
PHD, Gifu University, 2002

Threadgill, David, University Distinguished Professor and Regents Professor
Nutrition
PHD, Texas A&M University, 1989

Vanden Brink, Heidi, Assistant Professor
Nutrition
PHD, Cornell University, 2019

Wu, Chaodong, Professor
Nutrition
PHD, Beijing Medical University, 1998

Xie, Linglin, Associate Professor
Nutrition
PHD, Kansas State University, 2008

Zhang, Ke, Associate Professor
Nutrition
PHD, Kansas State University, 2008
Majors

- Bachelor of Science in Nutrition, Didactic Program in Dietetics Track (http://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-bs-didactic-dietetics-track/)
- Bachelor of Science in Nutrition, General Nutrition Track (http://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-bs-general-nutrition-track/)
- Bachelor of Science in Nutrition, Molecular and Experimental Track (http://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-bs-molecular-experimental-track/)