

DEPARTMENT OF NUTRITION

Nutritional sciences prepares majors with a comprehensive knowledge of the biological and social sciences to understand the relationships between nutrients, food components and human health. Prevention of diseases that are related to lifestyle, particularly diet and nutrition, is a focus of the curriculum. Core courses emphasize the role of nutrients in biochemistry, genetics, physiology, microbiology and immunology that promotes wellness and enhances the quality of life. The major also provides an excellent background for those interested in pursuing graduate degrees in biological, nutritional or food sciences; professional degrees in human or veterinary medicine; degrees in dentistry, pharmacy, physical therapy, nursing, public health and other health professions; or dietetic internships.

The Didactic Program in Dietetics (DPD) and the Graduate Degree/ Dietetic Internship Program are accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND). Students who successfully complete the DPD and a dietetic internship are eligible to take the Registration Examination to become a Registered Dietitian (RD).

Two curriculum tracks are offered (Didactic Program in Dietetics and Human Health) to provide flexibility in one's chosen career path. The Nutrition major prepares one for graduate school, corporate wellness positions, health promotion programs, the food industry, public health programs, pharmaceutical sales, clinical dietetics, medical and research laboratories, biotechnology firms, government agencies and related fields. For more information, visit <https://nutrition.tamu.edu/>.

Faculty

Beathard, Karen M, Instructional Professor
Nutrition
PHD, Texas A&M University, College Station, 2021

Chapkin, Robert S, Professor
Nutrition
PHD, University of California at Davis, 1986

Estrela, Sylvie, Assistant Professor
Nutrition
PHD, University of Edinburgh, 2015

Gilmore, Alicia, Clinical Associate Professor
Nutrition
MS, Oklahoma State University, 2002

Guo, Shaodong, Professor
Nutrition
PHD, Peking University, Beijing China, 1995

Hastings, Waylon James, Assistant Professor
Nutrition
PHD, Texas A&M University, 2020

Johnston, Bradley C, Associate Professor
Nutrition
PHD, University of Alberta, 2009

Krueger, Danielle H., Lecturer
Nutrition
MPH, Texas A&M University, 2014

Lee, Grace, Assistant Professor
Nutrition
PHD, Texas Tech University, 2022

Lorenz, Sandra G, Clinical Associate Professor
Nutrition
MS, Texas A&M University, 2002

Lynch, Christian, Lecturer
Nutrition
MS, Texas A&M University, 2019

Racine, Elizabeth, Professor
Nutrition
DrPH, Johns Hopkins University, 2003

Riviere, Aaron, Lecturer
Nutrition
MS, Texas A&M University, 2023

Ross, Catharine, Professor
Nutrition
PHD, Cornell University, 1976

Seguin-Fowler, Rebecca, Professor
Nutrition
PHD, Tufts University, 2008

Sun, Yuxiang, Professor
Nutrition
PHD, University of Manitoba, 2000

Suzuki, Masako, Assistant Professor
Nutrition
PHD, Gifu University, 2002

Threadgill, David W, Professor
Nutrition
PHD, Texas A&M University, 1989

Vanden Brink, Heidi K, Assistant Professor
Nutrition
PHD, Cornell University, 2019

Windham, Meghan E, Clinical Assistant Professor
Nutrition
MPH, University of Texas School of Public Health, 2010

Wu, Chaodong, Professor
Nutrition
PHD, Beijing Medical University, 1998

Wu, Chia Shan, Instructional Assistant Professor
Nutrition
PHD, University of Auckland, 2005

Xie, Linglin, Associate Professor
Nutrition
PHD, Kansas State University, 2008

Zhang, Ke, Associate Professor
Nutrition
PHD, Kansas State University, 2008

Majors

- Bachelor of Science in Nutrition, Didactic Program in Dietetics Track (<https://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-bs-didactic-dietetics-track/>)
- Bachelor of Science in Nutrition, Human Health Track (<https://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-bs-human-health-track/>)

Minors

- Nutrition Minor (<https://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/nutrition-minor/>)

Certificates

- Culinary Health Certificate (<https://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/culinary-health-certificate/>)
- Sport Nutrition Certificate (<https://catalog.tamu.edu/undergraduate/agriculture-life-sciences/nutrition/sport-nutrition-certificate/>)