

# SPORT NUTRITION - CERTIFICATE

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The certificate in Sports Nutrition equips students with the knowledge and skills necessary to optimize athletic performance through evidence-based nutrition practices.

## Program Requirements

Code	Title	Semester Credit Hours
NUTR 301	Nutrition Through Life	3
NUTR 306	Nutrition in Sports	3
NUTR 403	Advanced Nutrition in Sports	3
NUTR 483	Practicum for Nutrition in Sports	3
Total Semester Credit Hours		12