## BEHAVIORAL HEALTH -CERTIFICATE

The Department of Psychological and Brain Sciences offers embedded certificates as part of the major. The certificates are considered embedded because they require no additional coursework—beyond specific courses in the major itself—to earn the certificate. All certificates require 15 credits (5 courses). The certificates are designed to (a) bring greater depth and structure to the major, (b) provide students with guidance as to courses that build on each other, and (c) ultimately increase the employability of our students.

The required courses in this certificate reflect foundational component areas of psychology that focus on (a) human growth and development, both physically and psychologically and (b) positive and negative mental health, with an emphasis on mental health and developmental disorders. The prescribed electives include courses that focus on a variety of aspects of health and well-being and five of the six courses include practical applications of psychology, including the deployment and interpretation of psychological tests, therapeutic techniques, creation and monitoring of plans for personal growth and change, and the creation and application of reward systems.

## **Program Requirements**

Code	Title	Semester Credit Hours
PBSI 306	Psychological Disorders	3
PBSI 307	Developmental Psychology	3
Select three of the following:		9
PBSI 305	Psychology of Adjustment	
PBSI 336	Drugs and Behavior	
PBSI 360	Health Psychology and Behavioral Medicine	
PBSI 414	Behavior Principles	
PBSI 425	Psychology of Emotion	
PBSI 450	Clinical Psychology	
PBSI 470	Psychological Testing and Measurement	
Total Semester Credit Hours		15

Student must make a minimum of a 3.0 GPA across the courses used to meet the certificate requirements.