HLTH - HEALTH (HLTH)

HLTH 210 Introduction to the Discipline
Credits 3. 3 Lecture Hours.
Concepts essential to understanding the discipline: competencies and career opportunities for professional health educators in school and community settings.
Prerequisites: Current health major.

HLTH 214/KINE 214 Health and Physical Activity for Children
Credits 3. 3 Lecture Hours.
(PHED 1331) Health and Physical Activity for Children. Coordinated school health and physical activity programs appropriate for elementary aged children; focus on the content of the curriculum and the philosophical underpinnings of programming related to health and physical activity.
Cross Listing: KINE 214/HLTH 214.

HLTH 216 First Aid
Credits 2. 2 Lecture Hours.
(PHED 1306) First Aid. Basic first aid instruction leading to University Level, first aid course completion recognition.

HLTH 221 Safety
Credits 3. 3 Lecture Hours.
The magnitude of the accident problem as it relates to individual and community well-being; promotion of safe behavior.

HLTH 222 Concepts in Peer Health Education
Credits 3. 3 Lecture Hours.
Preparation as peer educators and campus community leaders; experiential learning; includes various health topics, program development, presentation and public speaking, communication and group facilitation.
Prerequisite: Grade of C or better in HLTH 210 or concurrent enrollment.

HLTH 223 Concepts in Peer Health Education
Credits 3. 3 Lecture Hours.
Preparation as peer educators and campus community leaders; experiential learning; includes various health topics, program development, presentation and public speaking, communication and group facilitation.
Prerequisite: Grade of C or better in HLTH 210 or concurrent enrollment.

HLTH 231 Healthy Lifestyles
Credits 3. 3 Lecture Hours.
(PHED 1304) Healthy Lifestyles. Health issues relevant to students; included are mental health, use and abuse of drugs, human sexuality, communicable diseases, environmental and consumer health.

HLTH 236 Introduction to Health Disparities and Diversity
Credits 3. 3 Lecture Hours.
Explore in-depth the racial, ethnic, and cultural dimensions that underlie health and health disparities; emphasis on culture, social economic status and governmental policies as they influence the adaptation of health practices.

HLTH 240/KINE 240 Computer Technology in Health and Kinesiology
Credits 3. 2 Lecture Hours. 2 Lab Hours.
Application of current technology in the areas of health and kinesiology; fundamentals of computers and their use; application of commercial software to health and kinesiology settings; use of computer networks for communications and research.
Prerequisite: Freshman or sophomore classification in health or kinesiology.
Cross Listing: KINE 240/HLTH 240.

HLTH 285 Directed Studies
Credits 0 to 4. 0 to 4 Other Hours.
Work on a specified topic with the intent of promoting independent reading, research and study; supplement existing course offerings or subjects not presently covered.
Prerequisites: Freshman or sophomore classification; approval of instructor.
HLTH 354 Medical Terminology for the Health Professions  
Credits 3. 3 Lecture Hours.
Designed for students interested in pursuing a career in a health, medical, 
scientific or other helping profession; develop medical word power skills 
combined with related health and disease knowledge. 
Prerequisite: Junior or senior classification.

HLTH 403 Consumer Health  
Credits 3. 3 Lecture Hours.
Selection, evaluation and understanding of health information, medical 
services, advertising of products and sociocultural factors in consumer 
health protection. 
Prerequisite: Grade of C or better in HLTH 210.

HLTH 405 Rural Health  
Credits 3. 3 Lecture Hours.
Issues facing rural health care; emphasis on understanding the 
geographical characteristics of rural communities and their affect on 
health care delivery. 
Prerequisite: Grade of C or better in HLTH 210, HLTH 236, and HLTH 331; 
junior or senior classification.

HLTH 407 Global Health  
Credits 3. 3 Lecture Hours.
A synthesized examination of global health from a multi-level, 
anthropological perspective; strong emphasis on ethical considerations 
implicit in global health research and program implementation; heavy use of 
true case studies and problem-solving exercises designed to increase 
cross-cultural awareness, cultural competence, empathy and critical 
thinking skills. 
Prerequisite: Grade of C or better in HLTH 210, HLTH 231, HLTH 240/ 
KINE 240, BIOL 319, BIOL 320 and COMM 203; grade of C or better in 
ENGL 103 or ENGL 104.

HLTH 410 Worksite Health Promotion  
Credits 3. 3 Lecture Hours.
Careful examination of strategies to design, implement and evaluate 
exercise and health programs in worksites; including health risk 
assessment, marketing protocol, needs assessment, corporate culture 
issues, policy development and cost-benefit analysis. 
Prerequisite: Grade of C or better in HLTH 210, HLTH 231, and HLTH 240/ 
KINE 240.

HLTH 415 Health Education Methodology  
Credits 3. 3 Lecture Hours.
Theory and practice in the development and use of creative and 
traditional health education strategies in secondary schools and 
community settings; emphasis is given to cognitive, affective and 
behavioral teaching strategies. 
Prerequisite: Grade of C or better in HLTH 231, BIOL 320, and COMM 203; 
grade of C or better in HLTH 222, HLTH 240/KINE 240, HLTH 332, or 
HLTH 331; grade of C or better in ENGL 103 or ENGL 104.

HLTH 425 Health Program Evaluation  
Credits 3. 3 Lecture Hours.
Theory and practice in evaluation of health programs in school and 
community; analysis of test results; evaluation of standardized health 
tests. 
Prerequisite: Grade of C or better in HLTH 222, HLTH 231, HLTH 240/ 
KINE 240, HLTH 331, BIOL 320, and COMM 203; grade of C or better in 
ENGL 103 or ENGL 104.

HLTH 429 Environmental Health  
Credits 3. 3 Lecture Hours.
Emphasis on the interconnectedness between the environment, both 
natural and man-made, and human health; range of topics including 
sustainability, population growth, toxicology, waste management, air 
and water quality, built environment and environmental psychology; 
demonstration of how the environment can support or hinder each 
dimension of wellness while being effective consumers of information. 
Prerequisite: Junior or senior classification.

HLTH 440 Contemporary Issues for Community Health Interns  
Credits 3. 3 Lecture Hours.
Preparatory course for advanced students in the community health 
internship program. 
Prerequisite: Grade of C or better in HLTH 222, HLTH 231, HLTH 240/ 
KINE 240, HLTH 331, BIOL 320, and COMM 203; grade of C or better in 
ENGL 103 or ENGL 104.

HLTH 445 Professional Practice in Health Education  
Credits 2. 2 Lecture Hours.
Information, perspectives and skills to promote health and quality of life 
effectively in community, school, workplace and health-care settings; 
boundary-crossing partnerships across health disciplines; the role of 
collaborative efforts to better meet community health needs. 
Prerequisites: Admission to professional phase of program; junior or 
senior classification.

HLTH 481 Seminar in Allied Health  
Credit 1. 1 Lecture Hour.
Admission to allied health professional school and/or careers; 
research on selected allied health fields, discussion of transition 
from college environment to professional school/career environment 
including professional development. Must be taken on a satisfactory/ 
unsatisfactory basis. 
Prerequisite: Grade of C or better in HLTH 210, HLTH 231, HLTH 240/ 
KINE 240, and COMM 203; grade of C or better in ENGL 103 or ENGL 104.

HLTH 482 Grant Writing in Health  
Credit 1. 1 Lecture Hour.
A writing intensive course focused on grant writing in the field of health 
education and health promotion; grant application written by student on 
a health-related topic using a recursive writing process. May be taken two 
times for credit. Must be taken on a satisfactory/unsatisfactory basis. 
Prerequisite: Grade of C or better in HLTH 210, HLTH 231, HLTH 240/ 
KINE 240, and COMM 203; grade of C or better in ENGL 103 or ENGL 104.

HLTH 484 Community Health Internship  
Credits 0 to 12. 0 to 12 Other Hours.
Supervised internship at selected community, public or private health 
agencies. 
Prerequisites: Grade of C or better in HLTH 415, HLTH 425, and HLTH 440; 
completion of all coursework.
HLTH 485 Directed Studies
Credits 0 to 4. 0 to 4 Other Hours.
Directed study of special problems within the discipline.
Prerequisites: Junior or senior classification; approval of instructor.

HLTH 489 Special Topics in...
Credits 0 to 4. 0 to 4 Lecture Hours.
Selected topics in an identified area of the discipline. May be repeated for credit.

HLTH 491 Research
Credits 0 to 4. 0 to 4 Other Hours.
Research conducted under the direction of faculty member in health. May be repeated 4 times for credit.
Prerequisites: Junior or senior classification and approval of instructor.