Overview

HLTH 210 Introduction to the Discipline
Credits 3. 3 Lecture Hours.
Concepts essential to understanding the discipline: competencies and career opportunities for professional health educators in school and community settings. 
Prerequisites: Current health major.

HLTH 214/KINE 214 Health and Physical Activity for Children 
Credits 3. 3 Lecture Hours. 
(PHED 1331) Health and Physical Activity for Children. Coordinated school health and physical activity programs appropriate for elementary aged children; focus on the content of the curriculum and the philosophical underpinnings of programming related to health and physical activity. 
Cross Listing: KINE 214/HLTH 214.

HLTH 216 First Aid
Credits 2. 2 Lecture Hours.  
(PHED 1306) First Aid. Basic first aid instruction leading to University Level, first aid course completion recognition.

HLTH 221 Safety
Credits 3. 3 Lecture Hours. 
The magnitude of the accident problem as it relates to individual and community well-being; promotion of safe behavior.

HLTH 222 Concepts in Peer Health Education
Credits 3. 3 Lecture Hours. 
Preparation as peer educators and campus community leaders; experiential learning; includes various health topics, program development, presentation and public speaking, communication and group facilitation.

HLTH 231 Healthy Lifestyles
Credits 3. 3 Lecture Hours. 
(PHED 1304) Healthy Lifestyles. Health issues relevant to students; included are mental health, use and abuse of drugs, human sexuality, communicable diseases, environmental and consumer health.

HLTH 236 Race, Ethnicity and Health
Credits 3. 3 Lecture Hours. 
Explore in-depth the racial, ethnic, and cultural dimensions that underlie health and health disparities; emphasis on culture, social economic status and governmental policies as they influence the adaptation of health practices.

HLTH 240/KINE 240 Computer Technology in Health and Kinesiology
Credits 3. 2 Lecture Hours. 2 Lab Hours. 
Application of current technology in the areas of health and kinesiology; fundamentals of computers and their use; application of commercial software to health and kinesiology settings; use of computer networks for communications and research. 
Prerequisite: Freshman or sophomore classification in health or kinesiology. 
Cross Listing: KINE 240/HLTH 240.

HLTH 285 Directed Studies
Credits 0 to 4. 0 to 4 Other Hours. 
Work on a specified topic with the intent of promoting independent reading, research and study; supplement existing course offerings or subjects not presently covered. 
Prerequisites: Freshman or sophomore classification; approval of instructor.

HLTH 291 Research
Credits 0 to 4. 0 to 4 Other Hours. 
Research conducted under the direction of faculty member in health. May be repeated 4 times for credit. 
Prerequisites: Freshman or sophomore classification and approval of instructor.

HLTH 331 Community Health
Credits 3. 3 Lecture Hours. 
Aspects of the community that relate to health; identification and analysis of community health programs; organizational pattern and functions of voluntary and governmental health agencies; organizing the community for health action; and coordination of school and community health programs. 
Prerequisite: Grade of C or better in HLTH 231 or concurrent enrollment.

HLTH 332 School Health Program
Credits 3. 3 Lecture Hours. 
Background, development, administration and framework of the school health program; role of the school health team; nature and function of school health services and healthful school living. 
Prerequisite: Grade of C or better in HLTH 231 or concurrent enrollment.

HLTH 333 Spirituality and Health
Credits 3. 3 Lecture Hours. 
Exploration of the relationship between spirituality, religion, health, health education and spiritual health; identification of techniques to measure spiritual health/wellness and enlighten healthcare professionals to the role spiritual health plays in healing; identification of spirituality topics important to health care professionals. 
Prerequisite: Grade of C or better in HLTH 231, HLTH 331, or approval of instructor.

HLTH 334/WGST 334 Women's Health
Credits 3. 3 Lecture Hours. 
A broad range of health issues that are either unique to women or of special importance to women; information for the health consumer; preparation as an advocate of healthy lifestyles; awareness of the role health plays in the life of all women. 
Prerequisite: Junior or senior classification. 
Cross Listing: WGST 334/HLTH 334.

HLTH 335 Human Diseases
Credits 3. 3 Lecture Hours. 
Causes of disease, course of communicable disease, body’s defense against disease and classification and description of diseases. 
Prerequisite: Grade of C or better in BIOL 319 and BIOL 320; admission to professional phase of program.

HLTH 342 Human Sexuality
Credits 3. 3 Lecture Hours. 
Many aspects of human sexuality; physiology and function of human reproductive system, factors involved in learning sex roles, biological and emotional motivations associated with the sexual aspects of life and their relationship to marriage and family planning.
HLTH 353 Drugs and Society
Credits 3. 3 Lecture Hours.
Use and abuse of drugs in today's society; physiological, sociological and psychological factors involved.
Prerequisite: Grade of C or better in BIOL 319 and BIOL 320; admission to professional phase of program.

HLTH 354 Medical Terminology for the Health Professions
Credits 3. 3 Lecture Hours.
Designed for students interested in pursuing a career in a health, medical, scientific or other helping profession; develop medical word power skills combined with related health and disease knowledge.
Prerequisite: Junior or senior classification.

HLTH 403 Consumer Health
Credits 3. 3 Lecture Hours.
#Selection, evaluation and understanding of health information, medical services, advertising of products and sociocultural factors in consumer health protection.
Prerequisite: Junior or senior classification.

HLTH 405 Rural Health
Credits 3. 3 Lecture Hours.
Issues facing rural health care; emphasis on understanding the geographical characteristics of rural communities and their affect on health care delivery.
Prerequisites: Grade of C or better in HLTH 331; junior or senior classification.

HLTH 407 Global Health
Credits 3. 3 Lecture Hours.
Overview of global health issues; synthesis of historical, cultural, environmental, economic and political perspectives; gathering and understanding international health statistics; cultural, social and political impacts on health and health care behaviors; clinical and population-based approaches to health management and illness resolution; ethical issues implicit in conducting health research; private and public agency relief strategies; opportunities for employment in international health.
Prerequisites: Admission to the professional phase of program; junior or senior classification or approval of instructor.

HLTH 410 Exercise and Health Programs in the Workplace
Credits 3. 3 Lecture Hours.
Careful examination of strategies to design, implement and evaluate exercise and health programs in worksites; including health risk assessment, marketing protocol, needs assessment, corporate culture issues, policy development and cost-benefit analysis.
Prerequisite: Junior or senior classification.

HLTH 415 Health Education Methodology
Credits 3. 3 Lecture Hours.
Theory and practice in the development and use of creative and traditional health education strategies in secondary schools and community settings; emphasis is given to cognitive, affective and behavioral teaching strategies.
Prerequisites: Senior classification and approved acceptance to field experience.

HLTH 421 Elementary School Health Instruction
Credits 3. 3 Lecture Hours.
Modern issues, trends, content and material in elementary school health programs; research and instructional strategies essential for reading in content areas with an emphasis on developing the coordinated school health education for health and kinesiology teacher certification majors.
Prerequisite: Junior or senior classification in health or kinesiology; admission to professional phase of program.

HLTH 425 Health Program Evaluation
Credits 3. 3 Lecture Hours.
Theory and practice in evaluation of health programs in school and community; analysis of test results; evaluation of standardized health tests.
Prerequisites: Senior classification and approved acceptance to field experience.

HLTH 429 Environmental Health
Credits 3. 3 Lecture Hours.
Health aspects of environments; health problems related to water, air and noise pollution; pesticides; population and radiation; examination of various micro-environments which either promote or hinder human health and well-being and their implications for community planning and utilization of human resources.
Prerequisite: Junior or senior classification.

HLTH 440 Contemporary Issues for Community Health Interns
Credits 3. 3 Lecture Hours.
Preparatory course for advanced students in the community health internship program.
Prerequisite: Acceptance to internship program.

HLTH 445 Professional Practice in Health Education
Credits 2. 2 Lecture Hours.
Information, perspectives and skills to promote health and quality of life effectively in community, school, workplace and health-care settings; boundary-crossing partnerships across health disciplines; the role of collaborative efforts to better meet community health needs.
Prerequisites: Admission to professional phase of program; junior or senior classification.

HLTH 448 Seminar in Allied Health
Credit 1. 1 Lecture Hour.
Admission to allied health professional school and/or careers; research on selected allied health fields, discussion of transition from college environment to professional school/career environment including professional development. Must be taken on a satisfactory/unsatisfactory basis.
Prerequisites: Junior or senior classification.

HLTH 482 Grant Writing in Health
Credit 1. 1 Lecture Hour.
A writing intensive course focused on grant writing in the field of health education and health promotion; grant application written by student on a health-related topic using a recursive writing process. May be taken two times for credit. Must be taken on a satisfactory/unsatisfactory basis.
Prerequisite: Admission to professional phase of program.

HLTH 484 Community Health Internship
Credits 0 to 12. 0 to 12 Other Hours.
Supervised internship at selected community, public or private health agencies.
Prerequisites: Grade of C or better in HLTH 415, HLTH 425, and HLTH 440; completion of all coursework.

HLTH 485 Directed Studies
Credits 0 to 4. 0 to 4 Other Hours.
Directed study of special problems within the discipline.
Prerequisites: Junior or senior classification; approval of instructor.

HLTH 489 Special Topics in...
Credits 0 to 4. 0 to 4 Lecture Hours.
Selected topics in an identified area of the discipline. May be repeated for credit.
HLTH 491 Research
Credits 0 to 4. 0 to 4 Other Hours.
Research conducted under the direction of faculty member in health. May be repeated 4 times for credit.
Prerequisites: Junior or senior classification and approval of instructor.