SOMS 111 Principles of Academic and Personal Development
Credits 0-1. 0-1 Lecture Hours.
Identification of personal goals and learning skills promoting academic and career success; development of personal leadership strengths, styles, motivation and values; personal development planning for self-improvement.
Prerequisite: Freshman classification or approval of instructor.

SOMS 180 Survey of Performance Based Training Methods
Credit 1. 1 Lecture Hour.
Introduction to performance oriented training methods and techniques; key concepts and generalizations of training and identification of training needs; study of representative theories of workplace training, performance evaluation, and experiential training techniques.
Prerequisite: Freshman classification or approval of instructor.

SOMS 181 Developing and Instructing Others
Credits 0-1. 0-1 Lecture Hours.
Introduction to leadership, mentoring and instructing others in the specific context of military-style training; survey of basic military performance counseling skills; introduction to subordinate instruction and evaluation techniques.
Prerequisite: Freshman classification or approval of instructor.

SOMS 280 Fundamentals of Peer Leadership
Credit 1. 1 Lecture Hour.
Introduction to theories of peer leadership when applied to a specific context; fundamentals and techniques of small group communication; performance evaluation; survey of basic supervisory skills.
Prerequisite: Sophomore classification or approval of instructor.

SOMS 281 Fundamentals of Intentional Leadership
Credits 0-1. 0-1 Lecture Hours.
Exposure to the fundamentals of intentional leadership, deliberate practice, planning and leadership assessment; development of initial personal leadership development plans; alignment of personal and organizational values, vision, mission, purpose and goals toward desired outcomes.
Prerequisites: Grade of C or better in SOMS 280 or approval of department head or director.

SOMS 289 Special Topics in...
Credits 1 to 4. 1 to 4 Lecture Hours.
Selected topics in an identified area of leadership theory and practice. May be repeated for credit.
Prerequisites: Freshman or sophomore classification; approval of instructor.

SOMS 380 Workshop in Leadership Education
Credits 0-1. 0-1 Lecture Hours.
The study of leadership theory, intra group relationships, assessment tools for skills development, and techniques for achieving group goals.
Prerequisite: Junior classification or approval of instructor.

SOMS 381 Workshop in Leadership Education II
Credits 0-1. 0-1 Lecture Hours.
Continuation of SOMS 380. Fundamentals of small group dynamics; interpersonal communication; application of selected leadership theories; interpretation of individual assessments to include personality traits, values, and signature strengths.
Prerequisites: SOMS 380; junior or senior classification.