

# HUMAN DEVELOPMENT AND FAMILY SCIENCES - BS

The Bachelor of Science in Human Development and Family Sciences (HDFS) degree program will allow undergraduates to study how people develop physically, cognitively, emotionally, and socially across their life spans.

## Program Requirements

### First Year

Fall		Semester Credit Hours
ENGL 103 or ENGL 104	Introduction to Rhetoric and Composition or Composition and Rhetoric	3
HIST 105	History of the United States	3
TEFB 273	Introduction to Culture, Community, Society and Schools <sup>1</sup>	3
Mathematics ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#mathematics">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#mathematics</a> )		3
Language, philosophy and culture ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#language-philosophy-culture">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#language-philosophy-culture</a> )		3
<b>Semester Credit Hours</b>		<b>15</b>

### Spring

HIST 106 or HIST 226	History of the United States or History of Texas	3
INST 222	Foundations of Education in a Multicultural Society <sup>1</sup>	3
Communication ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#communication">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#communication</a> )		3
Mathematics ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#mathematics">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#mathematics</a> )		3
Life and physical sciences ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences</a> )		4
<b>Semester Credit Hours</b>		<b>16</b>

### Second Year

Fall		Semester Credit Hours
INST 210	Understanding Special Populations <sup>1</sup>	3
POLS 206	American National Government	3
Creative arts ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#creative-arts">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#creative-arts</a> )		3
Life and physical sciences ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences</a> )		4
Directed elective <sup>1,2</sup>		3
<b>Semester Credit Hours</b>		<b>16</b>

### Spring

EPFB 210	Family Engagement and Empowerment <sup>1</sup>	3
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KINE 282	Culture of Wellness <sup>1</sup>	3
POLS 207	State and Local Government	3
Select one of the following: <sup>1,3</sup>		3
EPSY 284	Internship	
EPSY 285	Directed Studies	
EPSY 291	Research	
EPSY 459	Practicum in Educating the Gifted and Talented	
EPSY 484	Field Experiences	
EPSY 485	Directed Studies	
EPSY 491	Research	
Life and physical sciences ( <a href="https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences">https://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#life-physical-sciences</a> )		1
Directed elective <sup>1,2</sup>		3

### Semester Credit Hours

16

### Third Year

Fall		Semester Credit Hours
ALEC 370	Principles of Positive Youth Development <sup>1</sup>	3
EPSY 320	Child Development <sup>1</sup>	3
INST 301	Educational Psychology <sup>1</sup>	3
NUTR 222 or KINE 223	Nutrition for Health and Health Care <sup>1</sup> or Introduction to the Science of Health and Fitness	3
SPED 321	Assessment of Students with Disabilities <sup>1</sup>	3

### Semester Credit Hours

15

### Spring

EPSY 321	Adolescent Development <sup>1</sup>	3
EPSY 322	Adult Development and Aging <sup>1</sup>	3
EPSY 435	Educational Statistics <sup>1</sup>	3
PHLT 336	Health Disparities and Diversity in Society <sup>1</sup>	3
Select one of the following: <sup>1</sup>		3
ALEC 371	Skills and Techniques for Youth Development Professionals	
ALEC 372	Designing and Delivering Effective Youth Programs	
ALEC 375	Youth Development Programming in Sport and Physical Activities	
ALEC 377	Camp Management and Administration	

### Semester Credit Hours

15

### Fourth Year

Fall		Semester Credit Hours
ALEC 473	Diversity, Equity, and Inclusion in Youth Development Organizations <sup>1</sup>	3
EPSY 441	Family Development and Relationships <sup>1</sup>	3
EPSY 442	Parenting and Family Caregiving <sup>1</sup>	3
Select one of the following: <sup>1</sup>		3
ALEC 371	Skills and Techniques for Youth Development Professionals	
ALEC 372	Designing and Delivering Effective Youth Programs	
ALEC 375	Youth Development Programming in Sport and Physical Activities	
ALEC 377	Camp Management and Administration	

Directed elective <sup>1,2</sup>		3
<b>Semester Credit Hours</b>		<b>15</b>
<b>Spring</b>		
EPSY 443	Techniques of Coaching and Counseling <sup>1</sup>	3
EPSY 444	Professional Ethics in Decision-Making <sup>1</sup>	3
Select one of the following: <sup>1</sup>		3
ALEC 371	Skills and Techniques for Youth Development Professionals	
ALEC 372	Designing and Delivering Effective Youth Programs	
ALEC 375	Youth Development Programming in Sport and Physical Activities	
ALEC 377	Camp Management and Administration	
Select one of the following: <sup>1,4</sup>		3
EPSY 459	Practicum in Educating the Gifted and Talented	
EPSY 484	Field Experiences	
EPSY 485	Directed Studies	
EPSY 491	Research	
<b>Semester Credit Hours</b>		<b>12</b>
<b>Total Semester Credit Hours</b>		<b>120</b>

<sup>1</sup> Must make a grade of C or better.

<sup>2</sup> Select from HIST 458, KINE 214/HLTH 214, PBSI 107, PBSI 210/WGST 210, PHLT 302, PHLT 303, PHLT 304, POLS 304, SOCI 205, SPED 411, SPED 412, SPED 418.

<sup>3</sup> Students must have completed a minimum of 45 credit hours prior to enrolling in this course.

<sup>4</sup> Students must have completed a minimum of 90 credit hours prior to enrolling in this course.

A minimum of 2.25 GPA on all coursework completed at Texas A&M is required for this degree.