

# KINESIOLOGY - 5-YEAR BACHELOR OF SCIENCE AND MASTER OF SCIENCE IN ATHLETIC TRAINING

The combined degree program (3+2) allows undergraduate Kinesiology students to enter the Master of Science in Athletic Training program the beginning of their fourth year at Texas A&M University and earn a Bachelor of Science in Kinesiology and a Master of Science in Athletic Training (MSAT) degree in five years.

Students will follow departmental requirements for admission into the professional phase of the BS in Kinesiology. Kinesiology majors who have at least a 3.25 GPA by the end of fall semester of their junior year and who will have completed all of their prescribed courses by the spring of their junior year will be eligible to apply for the five-year program.

Applicants to the five-year program will submit the same materials as other MSAT applicants by the spring deadline of their junior year, and those who meet all minimum requirements, including having earned a B or better in ATTR 201, ATTR 202, ATTR 301, ATTR 302, will receive placement in the MSAT program. The admissions criteria for the five-year program will be the same as for other MSAT students.

Students continuing into the 4<sup>th</sup> year of the 3+2 combined program must finish all of the required hours to obtain both the Bachelor's and Master's degrees. Students will be conferred with two degrees once they complete the 5<sup>th</sup> year of the concurrent program.

Students in the 3+2 combined program will be required to complete the same two-year curriculum as other students admitted to the MSAT program. Students will take undergraduate courses, and graduate course work which will be applied to the undergraduate degree. Students are required to maintain a 3.25 GPA through the first 24 hours of graduate course work at which time the student must maintain a 3.0 GPA. Students continuing in the 3+2 program will change from U4 to G7 status when they complete 96 hours.

Students not accepted or unable to continue with the 3+2 program may complete the remaining requirements for the BS degree in Kinesiology in a concentration that is most suitable to their needs (e.g., Motor Behavior, Applied Exercise Physiology). These students may apply to the traditional (4+2) graduate degree program.

## Program Requirements

This degree plan has been laid out showing students the number of hours they must take each semester in order to complete the program. The undergraduate portion of the plan is a suggested plan and should be followed closely. There may be some modifications in course order that can occur but students should consult with the departmental academic advisor for the combined degree program before changes are made in order to ensure they are meeting all requirements.

First Year		Semester Credit Hours
Fall		
BIOL 111	Introductory Biology I <sup>1</sup>	4
ENGL 103 or ENGL 104	Introduction to Rhetoric and Composition <sup>1</sup> or Composition and Rhetoric	3
KINE 121	Physical and Motor Fitness Assessment <sup>1,2</sup>	2
PBSI 107	Introduction to Psychology	3
Select one of the following: <sup>1</sup>		3
MATH 140	Mathematics for Business and Social Sciences	
MATH 148	Calculus II for Biological Sciences	
MATH 152	Engineering Mathematics II	
MATH 168	Finite Mathematics	
MATH 172	Calculus II	
Semester Credit Hours		15
Spring		
BIOL 112	Introductory Biology II <sup>1</sup>	4
CHEM 119	Fundamentals of Chemistry I <sup>1</sup>	4
KINE 213	Foundations of Kinesiology <sup>1</sup>	3
POLS 206	American National Government	3
Select one of the following: <sup>1</sup>		3
MATH 142	Business Calculus	
MATH 147	Calculus I for Biological Sciences	
MATH 151	Engineering Mathematics I	
MATH 171	Calculus I	
Semester Credit Hours		17
Second Year		
Fall		
ATTR 201	Field Experience in Athletic Training I <sup>3</sup>	1
CHEM 120	Fundamentals of Chemistry II <sup>1</sup>	4
HLTH 354	Medical Terminology for the Health Professions <sup>1</sup>	3
KINE 199	Required Physical Activity <sup>1,2,4</sup>	1
PHYS 201	College Physics <sup>1</sup>	4
American history ( <a href="http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history">http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history</a> ) <sup>5,6</sup>		3
Semester Credit Hours		16
Spring		
ATTR 202	Field Experience in Athletic Training II <sup>3</sup>	1
BIOL 319	Integrated Human Anatomy and Physiology <sup>1,2</sup>	4
PHYS 202	College Physics <sup>1</sup>	4
NUTR 202	Fundamentals of Human Nutrition <sup>1</sup>	3
American history ( <a href="http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history">http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history</a> ) <sup>5,6</sup>		3
Language, philosophy and culture ( <a href="http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#language-philosophy-culture">http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#language-philosophy-culture</a> ) <sup>5,6</sup>		3
Semester Credit Hours		18

**Third Year****Fall**

ATTR 301	Field Experience in Athletic Training I <sup>3</sup>	1
BIOL 320	Integrated Human Anatomy and Physiology II <sup>1,2</sup>	4
KINE 406	Motor Learning and Skill Performance <sup>1</sup>	3
KINE 407	Motor Control and Learning Lab <sup>1,7</sup>	1
Select one of the following: <sup>1</sup>		3
ENGL 210	Technical and Professional Writing	
COMM 203	Public Speaking	
COMM 205	Communication for Technical Professions	
COMM 243	Argumentation and Debate	
Creative arts ( <a href="http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#creative-arts">http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#creative-arts</a> ) <sup>5,6</sup>		3

**Semester Credit Hours** 15

**Spring**

ATTR 302	Field Experience in Athletic Training II <sup>3</sup>	1
KINE 199	Required Physical Activity <sup>1,2,4</sup>	1
KINE 216/ HLTH 216	First Aid <sup>1</sup>	2
KINE 426	Exercise Biomechanics <sup>1</sup>	3
KINE 428	Exercise Biomechanics Laboratory <sup>1</sup>	1
KINE 433	Physiology of Exercise <sup>1</sup>	3
KINE 435	Physiology of Exercise Lab <sup>1,7</sup>	1
POLS 207	State and Local Government	3

**Semester Credit Hours** 15

**Summer**

ATTR 650	Emergency Management <sup>1,8</sup>	2
ATTR 651	Clinical Education I <sup>1,8</sup>	1
ATTR 660	Foundations of Athletic Training Practice <sup>1,8</sup>	2
ATTR 661	Essential Clinical Skills <sup>1,8</sup>	2

**Semester Credit Hours** 7

**Fourth Year****Fall**

ATTR 642	Clinical Decision Making and Evidence Based Practice I <sup>1,8</sup>	1
ATTR 652	Clinical Education II <sup>1,8</sup>	2
ATTR 662	Clinical Examination and Diagnosis - Lower Extremity and Spine <sup>1,8</sup>	4
ATTR 668	Therapeutic Intervention I - Therapeutic Modalities <sup>1,8</sup>	4
ATTR 675	Evidence Based Practice and Clinical Research <sup>1</sup>	3

**Semester Credit Hours** 14

**Spring**

ATTR 643	Clinical Decision Making and Evidence Based Practice II <sup>1</sup>	1
ATTR 653	Clinical Education III <sup>1,8</sup>	2
ATTR 671	Healthcare Administration, Management, and Delivery Strategies in Athletic Training <sup>1</sup>	3

ATTR 664	Clinical Examination and Diagnosis - Upper Extremity, Cervical Spine and Head <sup>1,8</sup>	4
ATTR 676	Performance Enhancement in Sport <sup>1</sup>	3

**Semester Credit Hours** 13

**Summer**

ATTR 654	Clinical Education IV <sup>1</sup>	2
STAT 651	Statistics in Research I	3

**Semester Credit Hours** 5

**Fifth Year****Fall**

ATTR 645	Corrective Techniques and Progressive Exercise for Return to Function <sup>1</sup>	1
ATTR 655	Clinical Education V <sup>1</sup>	2
ATTR 666	Therapeutic Intervention II - Therapeutic Exercise <sup>1</sup>	4
ATTR 670	General Medical Conditions and Therapeutic Medication <sup>1</sup>	3
ATTR 673	Therapeutic Interventions III - Manual Therapy <sup>1</sup>	2
ATTR 674	Behavioral Health <sup>1</sup>	1

**Semester Credit Hours** 13

**Spring**

ATTR 646	Transition to Practice <sup>1</sup>	1
ATTR 656	Clinical Education VI <sup>1</sup>	2
ATTR 672	Professional Preparation and Issues in Athletic Training <sup>1</sup>	3
ATTR 677	Research Capstone <sup>1</sup>	3

**Semester Credit Hours** 9

**Total Semester Credit Hours** 157

<sup>1</sup> Must make a grade of C or better.

<sup>2</sup> Must be taken at Texas A&M University

<sup>3</sup> Must make a grade of B or better.

<sup>4</sup> Activities should be chosen in consultation with your advisor. Participation in band or athletics cannot be used for KINE 199 credit. KINE 199 activities cannot be repeated for credit and must be taken for a grade.

<sup>5</sup> Course must meet core curriculum requirements.

<sup>6</sup> Course selection should meet the International and Cultural Diversity (<http://catalog.tamu.edu/undergraduate/general-information/degree-information/international-cultural-diversity-requirements/>) and/or Cultural Discourse (<http://catalog.tamu.edu/undergraduate/general-information/degree-information/cultural-discourse-requirements/>) graduation requirement if needed.

<sup>7</sup> Meets core curriculum writing requirement.

<sup>8</sup> Course will count in undergraduate and graduate program.

Students may elect to take PHYS or CHEM courses during the Summer semester between freshman and sophomore year to reduce the Fall load.

The program includes a total of 181 hours which up to 24 hours may be applied toward both the Bachelor of Science in Kinesiology and the Master of Science in Athletic Training.