

KINESIOLOGY - BS, DANCE SCIENCE TRACK

Program Requirements

This degree plan has been laid out showing students the number of hours they must take each semester in order to complete the degree in four years without attending summer school. This is a suggested plan and does not have to be followed as laid out below. Students should use this information in conjunction with advising documents available from their advisor or the department website when scheduling courses each semester to ensure they are meeting all prerequisites, taking courses for admission to professional phase in a timely manner and meeting all grade requirements.

First Year

| Fall | | Semester Credit Hours |
|--|--|-----------------------|
| BIOL 107 | Zoology ^{1,2} | 4 |
| DCED 222 | Introduction to Dance Science ² | 2 |
| ENGL 103 or ENGL 104 | Introduction to Rhetoric and Composition ² or Composition and Rhetoric | 3 |
| KINE 120 | The Science of Basic Health and Fitness ^{1,2} | 1 |
| KINE 213 | Foundations of Kinesiology ² | 3 |
| Select one of the following: ^{3,4} | | 2 |
| DCED 260 | Ballet I | |
| DCED 361 | Ballet II | |
| DCED 462 | Ballet III | |
| Semester Credit Hours | | 15 |
| Spring | | |
| DCED 202 | Dance Appreciation ^{2,5,6} | 3 |
| DCED 215 | Pilates Apparatus ³ | 2 |
| PBSI 107 | Introduction to Psychology ^{6,7} | 3 |
| Select one of the following: ^{3,4} | | 2 |
| DCED 272 | Movement Lab: Modern Dance I | |
| DCED 373 | Movement Lab: Modern Dance II | |
| DCED 474 | Movement Lab: Modern Dance III | |
| Select one of the following: ^{3,4} | | 2 |
| DCED 261 | Movement Lab: Ballet I | |
| DCED 362 | Movement Lab: Ballet II | |
| DCED 463 | Movement Lab: Ballet III | |
| Professional Development Elective ^{2,8} | | 3 |
| Semester Credit Hours | | 15 |

Second Year

| Fall | | |
|---|--|-----|
| BIOL 319 | Integrated Human Anatomy and Physiology I ² | 4 |
| DCED 303 | Health Practices for Dancers ² | 3 |
| KINE 199 | Required Physical Activity ⁹ | 1 |
| Select one of the following: ^{3,4} | | 2 |
| DCED 271 | Modern Dance I | |
| DCED 372 | Modern Dance II | |
| DCED 473 | Modern Dance III | |
| Spring | | |
| KINE 307 | Lifespan Motor Development ² | 3 |
| PHYS 201 | College Physics ^{1,2} | 4 |
| Select one of the following: ² | | 3-4 |
| MATH 142 | Business Calculus | |
| MATH 147 | Calculus I for Biological Sciences | |

| | | |
|---|---|---|
| Select one of the following: ^{3,4} | | 2 |
| DCED 260 | Ballet I | |
| DCED 361 | Ballet II | |
| DCED 462 | Ballet III | |
| Select one of the following: ^{1,2} | | 3 |
| ENGL 203 | Writing about Literature | |
| ENGL 210 | Technical and Professional Writing | |
| COMM 203 | Public Speaking | |
| COMM 205 | Communication for Technical Professions | |
| COMM 243 | Argumentation and Debate | |

Semester Credit Hours 15

| Spring | | |
|---|---|-----------|
| BIOL 320 | Integrated Human Anatomy and Physiology II ² | 4 |
| Select one of the following: ^{3,4} | | 2 |
| DCED 261 | Movement Lab: Ballet I | |
| DCED 362 | Movement Lab: Ballet II | |
| DCED 463 | Movement Lab: Ballet III | |
| Select one of the following: ^{3,4} | | 2 |
| DCED 272 | Movement Lab: Modern Dance I | |
| DCED 373 | Movement Lab: Modern Dance II | |
| DCED 474 | Movement Lab: Modern Dance III | |
| Select one of the following | | 3 |
| DCED 315 | Special Populations in Dance | |
| DCED 410 | Dance Teams in Secondary Education | |
| DCED 411 | Wellness and the Performing Artist | |
| Select one of the following: ² | | 3-4 |
| MATH 140 | Mathematics for Business and Social Sciences | |
| MATH 148 | Calculus II for Biological Sciences | |
| MATH 152 | Engineering Mathematics II | |
| MATH 168 | Finite Mathematics | |
| MATH 172 | Calculus II | |
| Semester Credit Hours | | 14 |

Third Year

| Fall | | |
|---|--|-----------|
| DCED 308 | Safe Practices in Teaching Dance ^{2,10} | 3 |
| Select one of the following: ^{3,4} | | 2 |
| DCED 271 | Modern Dance I | |
| DCED 372 | Modern Dance II | |
| DCED 473 | Modern Dance III | |
| American history (http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history) ^{1,6} | | 3 |
| Professional development elective ^{2,8} | | 3 |
| Professional development elective ^{2,8} | | 3 |
| Semester Credit Hours | | 14 |

| Spring | | |
|---|---|-----|
| KINE 307 | Lifespan Motor Development ² | 3 |
| PHYS 201 | College Physics ^{1,2} | 4 |
| Select one of the following: ² | | 3-4 |
| MATH 142 | Business Calculus | |
| MATH 147 | Calculus I for Biological Sciences | |

| | | |
|---|---|------------|
| MATH 151 | Engineering Mathematics I | |
| MATH 171 | Calculus I | |
| American history (http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#american-history) ^{1,6} | | 3 |
| Professional development elective ^{2,8} | | 3 |
| Semester Credit Hours | | 16 |
| Fourth Year | | |
| Fall | | |
| DCED 401 or KINE 318 | Dance Pedagogy ² or Athletic Injuries | 3 |
| POLS 206 | American National Government ¹ | 3 |
| Language, philosophy and culture (http://catalog.tamu.edu/undergraduate/general-information/university-core-curriculum/#language-philosophy-culture) ^{1,6} | | 3 |
| Professional development elective ^{2,8} | | 3 |
| Professional development elective ^{2,8} | | 3 |
| Semester Credit Hours | | 15 |
| Spring | | |
| DCED 403 | Dance Movement Analysis ^{2,9,10} | 3 |
| KINE 406 | Motor Learning and Skill Performance ² | 3 |
| KINE 426 | Exercise Biomechanics ² | 4 |
| KINE 433 | Physiology of Exercise ² | 3 |
| POLS 207 | State and Local Government ¹ | 3 |
| Semester Credit Hours | | 16 |
| Total Semester Credit Hours | | 120 |

¹ Must meet Core Curriculum requirements.

² Must make a grade of C or better.

³ Must make a grade of B or better.

⁴ To be chosen in consultation with your academic advisor.

⁵ Meets Creative Arts core curriculum requirement.

⁶ Course selection should meet the International and Cultural Diversity (<http://catalog.tamu.edu/undergraduate/general-information/degree-information/international-cultural-diversity-requirements/>) and/or Cultural Discourse (<http://catalog.tamu.edu/undergraduate/general-information/degree-information/cultural-discourse-requirements/>) Graduation requirement if needed.

⁷ Meets Social Science core curriculum requirement.

⁸ To be chosen in consultation with your academic advisor and selected from the following courses: Additional DCED/KINE tech courses; BIOL 112; CHEM 119, CHEM 120; DCED 201, DCED 304, DCED 400, DCED 402, DCED 405; HLTH 354, INST 210; INST 222 OR TEFB 273; KINE 175, KINE 210, KINE 305, KINE 407, KINE 427, KINE 435; KNFB 450/HEFB 450; NUTR 202; PHYS 202; PBSI 307 or PBSI 225; STAT 301, STAT 302, STAT 303.

⁹ Select one of the following: Pilates, Yoga, Country & Western Dance, Strength Training, Zumba, Tai Chi, or Meditation for Stress

¹⁰ Meets the University Writing Requirement.