HEALTH BEHAVIOR - MINOR

The health behavior minor is designed for students who want to develop knowledge in health behavior-related topics and engage in courses which complement or enhance the myriad of degree programs available at Texas A&M University. Some courses offered in the health behavior minor meet the International and Cultural Diversity or Cultural Discourse requirements for core curriculum graduation requirements.

To declare the Health Behavior Minor, students must have a minimum GPA of 2.0, at least 12 graded hours at Texas A&M and fewer than 90 credit hours. Requirements must be met at the time of application. Applicants are reviewed by a committee following the posting of grades by the University and admitted on a competitive basis.

Program Requirements

| Code | Title | Semester Credit Hours |
|-----------------------------------|---|--------------------------|
| PHLT 302 | Foundations of Public Health | 3 |
| PHLT 303 | Social Context of Population Health | 3 |
| PHLT 336 | Health Disparities and Diversity in Society | 3 |
| Select two of the following: | | 6 |
| PHLT 305 | Epidemiology in Public Health | |
| PHLT 307 | Public Health in the Global Context | |
| PHLT 330 | The Environment and Public Health | |
| PHLT 342/ HLTH 342 | Human Sexuality ¹ | |
| PHLT 360 | Women's Health ¹ | |
| PHLT 403/ HLTH 403 | Consumer Health | |
| Or other pre-approve PHLT courses | | |
| Total Semester Credit Hours | | 15 |

¹ Course meets International and Cultural Diversity or Cultural Discourse graduation requirements.

Must make a grade of C or better in each course.