HEALTH - BS, ALLIED HEALTH TRACK

The goals of the curriculum leading to a Bachelor of Science in Health are to develop literate, informed professionals capable of making the world healthier and more humane. Students receive a general education through a broad exposure to information. They also receive a specialized education through coursework designed to help them develop as a professional, expand their knowledge and skills related to health education and prepare them for professional practice.

The Bachelor of Science program provides students a strong background that prepares students to pursue additional schooling in an allied health area. This degree provides an opportunity for students to take prerequisite courses for professional allied health schools such as nursing, PA, PT, OT, or other medical fields of study, as electives while receiving a background in the health education field. Students select electives from a list of prerequisites for specific professional school programs.

Program Requirements

This degree plan has been laid out showing students the number of hours they must take each semester in order to complete the degree in four years without attending summer school. This is a suggested plan and does not have to be followed as laid out below. Students should use this information in conjunction with advising documents available from their advisor or the department website when scheduling courses each semester to ensure they are meeting all prerequisites, taking courses for admission to professional phase in a timely manner and meeting all grade requirements.

First Year

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 107 or BIOL 111</td>
<td>4</td>
</tr>
<tr>
<td>ENGL 103 or ENGL 104</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 210</td>
<td>3</td>
</tr>
<tr>
<td>PBIS 107</td>
<td>3</td>
</tr>
<tr>
<td>Semester Credit Hours</td>
<td>16</td>
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<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMM 203 or COMM 205</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 231</td>
<td>3</td>
</tr>
<tr>
<td>SOCI 205</td>
<td>3</td>
</tr>
<tr>
<td>Select one of the following:</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 119</td>
<td>3</td>
</tr>
<tr>
<td>CHEM 107 &amp; CHEM 117</td>
<td>3</td>
</tr>
<tr>
<td>Professional development elective</td>
<td>3</td>
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</tbody>
</table>

Second Year

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 236</td>
<td>3</td>
</tr>
<tr>
<td>American history</td>
<td>3</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
</tr>
<tr>
<td>Professional development elective</td>
<td>3</td>
</tr>
<tr>
<td>General elective</td>
<td>3</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 240/</td>
<td>3</td>
</tr>
<tr>
<td>American history</td>
<td>3</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
</tr>
<tr>
<td>Professional development elective</td>
<td>3</td>
</tr>
<tr>
<td>General elective</td>
<td>3</td>
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</tbody>
</table>

Third Year

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 319</td>
<td>4</td>
</tr>
<tr>
<td>HLTH 342</td>
<td>3</td>
</tr>
<tr>
<td>KINE 199</td>
<td>1</td>
</tr>
<tr>
<td>POLS 206</td>
<td>3</td>
</tr>
<tr>
<td>Creative arts</td>
<td>3</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>BIOL 320</td>
<td>4</td>
</tr>
<tr>
<td>HLTH 354</td>
<td>3</td>
</tr>
<tr>
<td>KINE 120</td>
<td>1</td>
</tr>
<tr>
<td>POLS 207</td>
<td>3</td>
</tr>
<tr>
<td>Language, philosophy and culture</td>
<td>3</td>
</tr>
</tbody>
</table>

Fourth Year

<table>
<thead>
<tr>
<th>Semester Credit Hours</th>
<th>Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLTH 331</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 403</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 429</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 481</td>
<td>1</td>
</tr>
<tr>
<td>Professional development elective</td>
<td>3</td>
</tr>
</tbody>
</table>

### Track: Health - BS, Allied Health Track

- **Program Requirements**
  - The Bachelor of Science program provides students a strong background that prepares students to pursue additional schooling in an allied health area. This degree provides an opportunity for students to take prerequisite courses for professional allied health schools such as nursing, PA, PT, OT, or other medical fields of study, as electives while receiving a background in the health education field. Students select electives from a list of prerequisites for specific professional school programs.
  - **Program Requirements**
    - **First Year**
      - **Fall**
        - BIOL 107 or BIOL 111: 4 Semester Credit Hours
        - ENGL 103 or ENGL 104: 3 Semester Credit Hours
        - HLTH 210: 3 Semester Credit Hours
        - PBIS 107: 3 Semester Credit Hours
        - **Total Semester Credit Hours for Fall**: 16
      - **Spring**
        - COMM 203 or COMM 205: 3 Semester Credit Hours
        - HLTH 231: 3 Semester Credit Hours
        - SOCI 205: 3 Semester Credit Hours
        - **Total Semester Credit Hours for Spring**: 15
    - **Second Year**
      - **Fall**
        - HLTH 236: 3 Semester Credit Hours
        - American history: 3 Semester Credit Hours
        - Mathematics: 3 Semester Credit Hours
        - Professional development elective: 3 Semester Credit Hours
        - General elective: 3 Semester Credit Hours
      - **Spring**
        - HLTH 240/: 3 Semester Credit Hours
        - American history: 3 Semester Credit Hours
        - Mathematics: 3 Semester Credit Hours
        - Professional development elective: 3 Semester Credit Hours
        - General elective: 3 Semester Credit Hours
    - **Third Year**
      - **Fall**
        - BIOL 319: 4 Semester Credit Hours
        - HLTH 342: 3 Semester Credit Hours
        - KINE 199: 1 Semester Credit Hours
        - POLS 206: 3 Semester Credit Hours
        - Creative arts: 3 Semester Credit Hours
      - **Spring**
        - BIOL 320: 4 Semester Credit Hours
        - HLTH 354: 3 Semester Credit Hours
        - KINE 120: 1 Semester Credit Hours
        - POLS 207: 3 Semester Credit Hours
        - Language, philosophy and culture: 3 Semester Credit Hours
    - **Fourth Year**
      - **Fall**
        - HLTH 331: 3 Semester Credit Hours
        - HLTH 403: 3 Semester Credit Hours
        - HLTH 429: 3 Semester Credit Hours
        - HLTH 481: 1 Semester Credit Hours
        - Professional development elective: 3 Semester Credit Hours

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This table provides a structured overview of course requirements for the Bachelor of Science in Health - Allied Health Track, including specific courses and credit hours for each semester.
<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional development elective</td>
<td>3</td>
</tr>
<tr>
<td><strong>Spring</strong></td>
<td></td>
</tr>
<tr>
<td>HLTH 335 Human Diseases</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 353 Drugs and Society</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 407 Global Health</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 410 Worksite Health Promotion</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 482 Grant Writing in Health</td>
<td></td>
</tr>
<tr>
<td>Professional development elective</td>
<td>1</td>
</tr>
<tr>
<td><strong>Total Semester Credit Hours</strong></td>
<td>14</td>
</tr>
</tbody>
</table>

| Professional development elective          | 3     |
| **Total Semester Credit Hours**            | 120   |

1. Must make a grade of C or better.
2. Course selection should meet the International and Cultural Diversity (http://catalog.tamu.edu/undergraduate/general-information/degree-information/international-cultural-diversity-requirements/) and/or Cultural Discourse (http://catalog.tamu.edu/undergraduate/general-information/degree-information/cultural-discourse-requirements/) graduation requirement, if needed.
3. To be chosen in consultation with your academic advisor from BICH 303, BICH 410; BIOL 112 BIOL 206, BIOL 351, CHEM 120, CHEM 227, CHEM 237, CHEM 228, CHEM 238, GENE 301, GENE 302, GENE 310, GENE 312, HEFB 222/KNFB 222; KINE 307; NUTR 202, NUTR 320/FSTC 320; PBSI 235, PBSI 306, PBSI 307, PHIL 111, PHIL 251, PHYS 201, PHYS 202; OR PBSI 225, VTPB 409, OR VTPP 425.

Any Health course not used on the degree plan with the exception of HLTH 415, HLTH 425, HLTH 440 and HLTH 484.

4. Must meet Core Curriculum requirements.
5. MATH 150 cannot be used to meet this requirement.
6. May be taken S/U or for a grade. Must make a C or better.
7. Meets Core Curriculum writing requirement.
8. Must take S/U.