# KINESIOLOGY - 5-YEAR BACHELOR OF SCIENCE AND MASTER OF SCIENCE IN ATHLETIC TRAINING 

The combination degree program (3+2) allows undergraduate Kinesiology students to enter the Master of Science in Athletic Training program the beginning of their fourth year at Texas A\&M University and earn a Bachelor of Science in Kinesiology and a Master of Science in Athletic Training (MSAT) degree in five years.

Students will follow departmental requirements for admission into the professional phase of the BS in Kinesiology. Kinesiology majors who have at least a 3.25 GPA by the end of fall semester of their junior year and who will have completed all of their prescribed courses by the spring of their junior year will be eligible to apply for the five-year program.

Applicants to the combination program will follow the same criteria as traditional students with the addition of having earned a B or better in ATTR 201, ATTR 202, ATTR 301, ATTR 302. They will submit the same materials as other MSAT applicants by the spring deadline of their junior year. Students applying to the MSAT program from the $3+2$ option will receive priority review for admission into the MSAT program with the top five applicants from the $3+2$ option having a secured seat in the MSAT program. Other $3+2$ applicants who meet minimum requirements will have their applications reviewed on a competitive basis.
Students continuing into the $4^{\text {th }}$ year of the combination program must finish all of the required hours to obtain both the Bachelor's and Master's degrees. Students will be conferred with two degrees once they complete the $5^{\text {th }}$ year of the concurrent combination program.

Students in the combination program will be required to complete the same two-year curriculum as other students admitted to the MSAT program. Students will take undergraduate courses, and graduate course work which will be applied to the undergraduate degree. Students are required to maintain a 3.25 GPA through the first 24 hours of graduate course work at which time the student must maintain a 3.0 GPA.
Students continuing in the combination program will change from U4 to G7 status when they complete 96 hours.

Students not accepted or unable to continue with the combination program may complete the remaining requirements for the $B S$ degree in Kinesiology in a concentration that is most suitable to their needs (e.g., Motor Behavior, Applied Exercise Physiology). Students transitioned to the traditional bachelor's degree will be welcomed to apply to the MSAT program at the conclusion of their bachelor's degree.

## Program Requirements

This degree plan has been laid out showing students the number of hours they must take each semester in order to complete the program. The undergraduate portion of the plan is a suggested plan and should be followed closely. There may be some modifications in course order that can occur but students should consult with the departmental academic advisor for the combined degree program before changes are made in order to ensure they are meeting all requirements.

## First Year

| Fall |  | Semester <br> Credit <br> Hours |
| :---: | :---: | :---: |
| BIOL 111 | Introductory Biology ${ }^{1}$ | 4 |
| $\begin{aligned} & \text { ENGL } 103 \\ & \quad \text { or ENGL } 104 \end{aligned}$ | Introduction to Rhetoric and Composition ${ }^{1}$ or Composition and Rhetoric | 3 |
| KINE 121 | Physical and Motor Fitness Assessment ${ }^{1,2}$ | 2 |
| MATH 140 | Mathematics for Business and Social Sciences ${ }^{1,3}$ | 3 |
| PBSI 107 | Introduction to Psychology | 3 |
|  | Semester Credit Hours | 15 |
| Spring |  |  |
| BIOL 112 | Introductory Biology II ${ }^{1}$ | 4 |
| CHEM 119 | Fundamentals of Chemistry I ${ }^{1}$ | 4 |
| KINE 213 | Foundations of Kinesiology ${ }^{1}$ | 3 |
| MATH 142 | Business Calculus ${ }^{1,4}$ | 3 |
| POLS 206 | American National Government | 3 |
|  | Semester Credit Hours | 17 |

## Second Year

Fall

| ATTR 201 | Field Experience in Athletic Training ${ }^{5}$ | 1 |
| :---: | :---: | :---: |
| CHEM 120 | Fundamentals of Chemistry II ${ }^{1}$ | 4 |
| HLTH 354/ <br> PHLT 354 | Medical Terminology for the Health Professions ${ }^{1}$ | 3 |
| KINE 199 | Required Physical Activity ${ }^{2,6}$ | 1 |
| PHYS 201 | College Physics ${ }^{1}$ | 4 |

American history (http://catalog.tamu.edu/undergraduate/ 3 general-information/university-core-curriculum/\#americanhistory ${ }^{7,8}$

Semester Credit Hours
Spring

| ATTR 202 | Field Experience in Athletic Training II ${ }^{5}$ | 1 |
| :--- | :--- | :--- |
| BIOL 319 | Integrated Human Anatomy and Physiology <br> I $^{1,2}$ | 4 |
| PHYS 202 | College Physics ${ }^{1}$ | 4 |
| NUTR 202 | Fundamentals of Human Nutrition ${ }^{1}$ | 3 |
| American history (http://catalog.tamu.edu/undergraduate/ <br> general-information/university-core-curriculum/\#american- <br> history) 7,8 | 3 |  |
| Language, philosophy and culture (http://catalog.tamu.edu/ | 3 |  |

undergraduate/general-information/university-core-
curriculum/\#language-philosophy-culture) ${ }^{7,8}$
Semester Credit Hours

## Third Year

Fall

| ATTR 301 | Field Experience in Athletic Training I ${ }^{5}$ | 1 |
| :--- | :--- | :--- |
| BIOL 320 | Integrated Human Anatomy and Physiology <br> II $^{1,2}$ | 4 |
| KINE 406 | Motor Learning and Skill Performance ${ }^{1}$ | 3 |
| KINE 407 | Motor Control and Learning Lab ${ }^{1,9}$ | 1 |
| Select one of the following: ${ }^{1}$ | 3 |  |

$\begin{array}{ll}\text { ENGL 210 } & \text { Technical and Professional Writing } \\ \text { COMM 203 } & \text { Public Speaking }\end{array}$

| COMM 205 | Communication for Technical Professions |  |
| :---: | :---: | :---: |
| COMM 243 | Argumentation and Debate |  |
| Creative arts (http://catalog.tamu.edu/undergraduate/ general-information/university-core-curriculum/\#creativearts) ${ }^{7,8}$ |  | 3 |
|  | Semester Credit Hours | 15 |
| Spring |  |  |
| ATTR 302 | Field Experience in Athletic Training II ${ }^{5}$ | 1 |
| KINE 199 | Required Physical Activity ${ }^{2,6}$ | 1 |
| KINE 216/ <br> HLTH 216 | First Aid ${ }^{1}$ | 2 |
| KINE 426 | Exercise Biomechanics ${ }^{1}$ | 3 |
| KINE 428 | Exercise Biomechanics Laboratory ${ }^{1}$ | 1 |
| KINE 433 | Physiology of Exercise ${ }^{1}$ | 3 |
| KINE 435 | Physiology of Exercise Lab ${ }^{1,9}$ | 1 |
| POLS 207 | State and Local Government | 3 |
|  | Semester Credit Hours | 15 |
| Summer |  |  |
| ATTR 650 | Emergency Management ${ }^{1,10}$ | 2 |
| ATTR 651 | Clinical Education I 1,10 | 1 |
| ATTR 660 | Foundations of Athletic Training Practice 1,10 | 2 |
| ATTR 661 | Essential Clinical Skills ${ }^{1,10}$ | 2 |
|  | Semester Credit Hours | 7 |
| Fourth Year |  |  |
| Fall |  |  |
| ATTR 642 | Clinical Decision Making and Evidence Based Practice I ${ }^{1,10}$ | 1 |
| ATTR 652 | Clinical Education II 1,10 | 2 |
| ATTR 662 | Clinical Examination and Diagnosis - Lower Extremity and Spine ${ }^{1,10}$ | 4 |
| ATTR 668 | Therapeutic Intervention I Therapeutic Modalities ${ }^{1,10}$ | 4 |
| ATTR 675 | Evidence Based Practice and Clinical Research ${ }^{1}$ | 3 |
|  | Semester Credit Hours | 14 |
| Spring |  |  |
| ATTR 643 | Clinical Decision Making and Evidence Based Practice II ${ }^{1}$ | 1 |
| ATTR 653 | Clinical Education III ${ }^{1,10}$ | 2 |
| ATTR 671 | Healthcare Administration, Management, and Delivery Strategies in Athletic Training 1 | 3 |
| ATTR 664 | Clinical Examination and Diagnosis - Upper Extremity, Cervical Spine and Head ${ }^{1,10}$ | 4 |
| ATTR 676 | Performance Enhancement in Sport ${ }^{1}$ | 3 |
|  | Semester Credit Hours | 13 |
| Summer |  |  |
| ATTR 654 | Clinical Education IV ${ }^{1}$ | 2 |
| STAT 651 | Statistics in Research I | 3 |
|  | Semester Credit Hours | 5 |

## Fifth Year

Fall

| ATTR 645 | Corrective Techniques and Progressive Exercise for Return to Function ${ }^{1}$ | 1 |
| :---: | :---: | :---: |
| ATTR 655 | Clinical Education V ${ }^{1}$ | 2 |
| ATTR 666 | Therapeutic Intervention II - Therapeutic Exercise ${ }^{1}$ | 4 |
| ATTR 670 | General Medical Conditions and Therapeutic Medication ${ }^{1}$ | 2 |
| ATTR 673 | Therapeutic Interventions III - Manual Therapy ${ }^{1}$ | 2 |
| ATTR 674 | Behavioral Health ${ }^{1}$ | 1 |
|  | Semester Credit Hours | 12 |
| Spring |  |  |
| ATTR 646 | Transition to Practice ${ }^{1}$ | 1 |
| ATTR 656 | Clinical Education VI ${ }^{1}$ | 2 |
| ATTR 672 | Professional Preparation and Issues in Athletic Training ${ }^{1}$ | 3 |
| ATTR 677 | Research Capstone ${ }^{1}$ | 3 |
|  | Semester Credit Hours | 9 |
|  | Total Semester Credit Hours | 156 |

1 Must make a grade of C or better.
Must be taken at Texas A\&M University.
MATH 148, MATH 152, MATH 168 , or MATH 172 will be accepted in lieu of MATH 140.
4 MATH 147, MATH 151, or MATH 171 will be accepted in lieu of MATH 142.
Must make a grade of $B$ or better.
Activities should be chosen in consultation with your advisor.
Participation in band or athletics cannot be used for KINE 199
credit. KINE 199 activities cannot be repeated for credit.
Course must meet core curriculum requirements.
Course selection should meet the International and Cultural Diversity (http://catalog.tamu.edu/undergraduate/general-information/degree-information/international-cultural-diversity-requirements/) and/ or Cultural Discourse (http://catalog.tamu.edu/undergraduate/ general-information/degree-information/cultural-discourserequirements/) graduation requirement if needed.
Meets core curriculum writing requirement.
Course will count in undergraduate and graduate program.

Students may elect to take PHYS or CHEM courses during the summer semester between freshman and sophomore year to reduce the fall course load.

The program includes a total of 180 hours, of which up to 24 hours may be applied toward both the Bachelor of Science in Kinesiology and the Master of Science in Athletic Training.

